



*Depression  
is a real  
disease*

## Depression - Let's talk

Depression is a disease that is poorly understood by the general public. Like diabetes or bronchitis, depression has causes, symptoms, and treatments. It is not a product of the imagination, nor is it a personal failure or an inescapable fate.



LE GOUVERNEMENT  
DU GRAND-DUCHÉ DE LUXEMBOURG  
Ministère de la Santé

Direction de la santé



prévention  
dépression

[www.prevention-depression.lu](http://www.prevention-depression.lu)